



Dear All,

Every day we visit patients who ask us to take care of their periodontal health and more generally of their oral health. Epidemiological data indicates that periodontal disease is widespread: about 5 out of 10 patients are affected by periodontitis and at least 1 in 10 by a severe form. This latter form can have invalidating aesthetic and functional consequences. Furthermore, due to its role in generating chronic systemic inflammation, it also has an impact on general health.

Very effective treatments are already available, allowing us to deal with periodontitis, preserve the dentition and ensure a good quality of life for the majority of our patients. However, there are still obstacles that can significantly limit or condition the access to treatment and the quality of care. Starting from the consideration that each individual responds to the pathogenic “noxa” in an individual way, what are the right strategies to better protect the health of each individual patient? What are the most appropriate therapeutical interventions needed to respond to the real necessities of each patient? These are the questions which, in general, the medical world ponders and whose answers highlight the importance of the patient’s centrality. The title of this meeting “**Personalized Periodontology**” reflects the need for a personalized therapy for each patient.

Certainly many of you are aware of the paradigm changes that the **Precision Medicine** is bringing into the doctor’s personal and therapeutic approach to the patient. The current tendency considers the patient in his individuality rather than as an expression of a disease and is based on the most recent scientific research on genetic variability (genomics) and on the influence of the environment (epigenetics). Given the multiplicity of forms in which periodontitis can present, the concept of Precision Medicine can be translated to understand and treat every single patient who addresses us for the solution of his periodontal problems. This will be the subject of the opening lecture aimed at underlining that the care of a patient cannot disregard his needs and expectations.

In this scenario, the presentation of the new Classification of the Periodontal and Peri-implant Diseases will provide us updated knowledge to reach a more detailed diagnosis than in the past and, as a consequence, a more patient-oriented treatment. The panel of international speakers and the format “*on stage with*”, successfully tested last year, will guide us in identifying in an engaging way the “centered” solutions for the various types of patients.

Novelties at this year’s meeting will be:

Experts compare themselves. An opportunity for in-depth information and informal clarification with the possibility of a direct and interactive exchange. A stage from which, during the lunch break of Friday, March 22, 4 internationally renowned Speakers, coordinated by a Moderator, will answer questions to deepen the themes of the New Classification and the peri-implant plastic surgery.

Live Surgery. I believe that this can be an opportunity to help us identify and understand “live” the importance of how the surgical technique should be considered in each single case to achieve therapeutic success. The possibility of interacting with experienced clinicians during the live surgery can be an exciting moment of confrontation.

To complement the program, during the pre-congress , we will attend an Opening Lecture introducing us to the Course that addresses a very current topic: Decision Making in Peri-implant Plastic Surgery.

Moreover, we will have a large Research Session that will allow us to stay in touch with the latest scientific research from our Universities and beyond.

The long awaited interactive event, the Young Dentists Forum (“**SIDP Giovani**”), the spaces dedicated to technological innovations, the awards, the lunch & learns, the workshops, and the Perio Party, a cheerful and festive happening, represent traditional sharing moments of our Congress.

An International Congress to best celebrate **together** an important Birthday: the **40 years of SIDP!**



Mario Aimetti
SIDP President

PRE-CONGRESS DAY

Thursday, 21 March 2019

09.30am-12.30am

(11.00am-11.30am

Coffee-break)

YOUNG DENTISTS' FORUM

reserved for SIIdP Members under 40 and for Students attending the last year of the Faculty of Dentistry

09.30am-01.00pm

(11.00am-11.30pm

Coffee-break)

RESEARCH FORUM

reserved for Dentists and Undergraduate Students

12.00am-01.00pm

RESEARCH FORUM - M. CAGIDIACO AWARD 2019

for Dental Hygienists and Undergraduate Students

12.30am-04.30pm

G. VOGEL AWARD 2019 for the best clinical case

01.00pm-02.15pm

Lunch break

02.15pm-02.45pm

LECTIO MAGISTRALIS

Mucogingival Surgery: From the beginnings to the New Classification
Mariano Sanz *Madrid E*

02.45pm-05.00pm

PRE-CONGRESS Course

reserved for Dentists and Students (Faculty of Dentistry)

Decision making in Peri-implant Plastic Surgery

Rino Burkhardt *Zürich CH*

03.00pm-05.00pm

H.M. GOLDMAN AWARD 2019: Clinical Research, Basic Research

03.00pm-05.00pm

PRE-CONGRESS Workshops

reserved for Dental Hygienists and Students of Oral Hygiene

(contemporarily)

- Instrumentation: Effects on teeth and implants

Dagmar.E. Slot *Amsterdam NL*

- Selection, use and maintenance of periodontal instruments

Antonia Abbinante *Bari*

- Motivational Counselling: Approaches and applications

Martina Gangale *Maslianico*

05.00pm-05.30pm

Coffee-break

05.30pm-07.30pm

SPONSOR FORUM

From 07.30pm on **PerioParty**



19th INTERNATIONAL CONGRESS

Friday, 22 March 2019

Joint session for Dentists, Dental Hygienists and Students

- 09.00am-09.10am **Opening Ceremony**
- 09.10am-09.50am **Opening Lecture**
In Praise of imperfection: A new paradigm of care
Gian Paolo Donzelli
Professor of Pediatrics, University of Florence – President, Meyer Foundation
- 09.50am-10.35am **Lectio Magistralis**
The concepts of "Precision" Medicine applied to Periodontology
Bruno G. Loos *Amsterdam NL*
- 10.35am-10.45am **40 Years of SIdP History**
- 10.45am-11.15am Coffee-break

First Session

The new Classification

- 11.15am-01.00pm **How the New Classification of Periodontal and Peri-implant Diseases personalizes Patient Management**
- On stage: Mario Aimetti Turin with Maurizio Tonetti Hong Kong HK and Tord Berglundh Gothenburg S*
- 01.00pm-02.30pm Lunch break
- 01.15pm-02.15pm **EXPERTS COMPARE**
The New Classification - Tord Berglundh Göteborg S and Maurizio Tonetti Hong Kong HK with Nicola Discepoli *Pietrasanta LU*
Peri-implant Plastic Surgery - Rino Burkhardt Zürich CH and Giovanni Zucchelli Bologna with Luca Landi *Roma-Verona*

Second Session

"Precision" Non-surgical Therapy

- 02.30pm-04.15pm **How to personalize the Clinical Management of Periodontal and Peri-implant Infection**
- On stage: Cristiano Tomasi Gothenburg S-Trento with Luigi Nibali London UK and Giovanni Salvi Berne CH*
- 04.00pm-04.30pm Coffee-break

"Precision" Periodontal Surgery



- 04.30pm-06.40pm **How to personalize the Surgical Procedures for Pocket Reduction/Elimination**
- On stage: Francesco Cairo Florence with Filippo Graziani Pisa and Alberto Fonzar (Operator) Campofornido*

Saturday, 23 March 2019

Third Session

Reserved for Dentists and Students (Faculty of Dentistry)

“Precision” Regenerative Surgery

09.15am-10.45am How to personalize the Regenerative Periodontal Surgical Procedures

On stage: **Giovan Paolo Pini Prato** *Florence* with **Leonardo Trombelli** *Ferrara*
and **Pierpaolo Cortellini** *Florence*

10.45am-11.15am Coffee-break / **AWARD ASSIGNMENTS**

Fourth Session

Reserved for Dentists and Students (Faculty of Dentistry)

“Precision” Bone Regeneration

11.30am-01.45pm Personalized Clinical Management of Bone Atrophy

On stage: **Giano Ricci** *Florence* with **Carlo Tinti** *Flero* and **Andrea Chierico** *San Pietro in Cariano*

Reserved for Oral Hygienists and Students in Oral Hygiene

Quality Assessment and “Precision” in Oral Health Care

09.00am-01.00pm Quality and satisfaction from the patient’s point of view
The benefits of personalized active periodontal therapy
Personalized clinical management in supportive periodontal therapy

On stage: **Filippo Graziani** *Pisa* with **Carlo Maria Gallucci** *Calabrese Barcellona E*,
David Herrera *Madrid E* and **Dagmar Else Slot** *Amsterdam NL*

09.00am-11.00am First part

11.00am-11.30am Coffee-break

11.30am-11.45am **SlidP for You**

11.45am-01.00pm Second part



Thursday, March 21st 2019

from 01.15pm to 02.15pm (contemporarily)

WITH LIMITED NUMBER
(Italian Language)

Reserved for Dentists

- Beyond classic periodontal therapy: Is there anything more that we can do for our patients?
Thoughts on antibiotics, nutrition, sport and life style
Filippo Graziani *Pisa*
- Complications of the maxillary sinus lift and their management
Mauro Merli *Rimini*
- The timing of implant placement in different clinical situations
Mario Rocuzzo *Turin*
- The treatment of peri-implant osseous dehiscences
Leonardo Trombelli *Ferrara*
- How to modify the soft tissue biotype in implant therapy
Nicola Alberto Valente *Geneva CH*

Reserved for Oral Hygienists

- Clinical management of dentinal sensitivity
Maria Grazia Cagetti *Milan*
- Clinical management of peri-implant mucositis
Laura Commisso *Florence - Siena*
- Periodontal treatment and systemic inflammation. Can we improve patient's health?
Francesco D'Aiuto *London UK*
- Mini-invasive non-surgical therapy
Luigi Nibali *London UK*



“SIDP Pratica”
A reference point for You,
Private Professionals
Saturday, March 23rd 2019

from 02.00pm to 05.00pm (contemporarily)

THEORETICAL AND PRACTICAL WORKSHOPS

WITH LIMITED NUMBER
(Italian Language)

Reserved for Dentists

- **Socket preservation**
Nicola Discepoli *Marina di Pietrasanta*
- **Incision and suturing techniques***
Giorgio Pagni *Florence – Milan*
- **Crown-lengthening procedures**
Luigi Minenna *Ferrara*
- **Regenerative osseous surgery in periodontology**
Adriano Fratini *Orvieto*

**Also reserved for Students attending the last two years of the Faculty of Dentistry*

Information on the modalities of participation to:

- **Research Forum**
- **G. Vogel Award for the best clinical case**
- **Research Forum-M. Cagidiaco Award**
- **H. M. Goldman Award**

are available on the website www.sidp.it in the section “AWARDS AND SCHOLARSHIP”

Congress Venue

Palacongressi di Rimini
Via della Fiera, 23
I - 47923 Rimini
www.riminipalacongressi.it

Registration

Attendance to the 19th International Congress of the Italian Society of Periodontology and Implantology is open to Dentists, Oral Hygienists and Students (attending the Faculty of Dentistry and the Faculty of Oral Hygiene). **Special conditions** have been reserved to International Dentists and Oral Hygienists Members of the National Periodontal Society affiliated EFP.

Official languages

The official languages of the Congress are Italian and English. Simultaneous translation will be provided from Italian to English and viceversa.

STAY TUNED!

www.sidp.it