

SIIdP Newsletter

INFORMATIONAL NEWSLETTER OF THE ITALIAN SOCIETY OF PERIODONTOLOGY

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Dear Colleague,

It is with great pleasure that I would like to introduce a new educational program that we have put together, in cooperation with our Cultural Committee for the 2010-2011 years.

The guidelines that inspired us, summarized below, are the result gathered from the analysis of the questionnaires collected at the end of the latest events organized by our Society and based on the evaluation of the attendance, divided by category, at our various different location.

These guidelines indicates our Meetings that should be a time for providing updates, during both the periodontal and implantology sessions, in which current issues are confronted using biological assumptions as the starting point to arrive at clinical applications by analyzing the most reliable and recent scientific evidence, while leaving ample time for final discussion. The goal is to provide the audience with, in addition to the necessary information on the progress made in research in our discipline, solid practical information, supported by scientific reasons that are rational and which should be used in everyday clinical practice. In respecting these objectives, the next Pre-congress Course will be closely tied to the topics that will be covered and widely debated in one of the Congress sessions, and which will serve as a template to be used for all other Courses during the two-year period: extremely didactic, led by only a few speakers and one roundtable moderator who, with the assistance of diagrams, pictures, videos and clinical images, will illustrate the assigned topic in a completely exhaustive manner. In particular, during the various Courses, the central points of interest in our discipline will be covered from time to time so as to provide those who attend all of the sessions, with complete updates and advanced knowledge in the fields of periodontology and implantology. As part of this events programme, particular attention has been given to Dental Hygienists, who are professionals of fundamental importance in our daily clinical activities. In fact, starting this year, in addition to the traditional Congress, we will organise a parallel Course in addition to our regular Courses. We expect to see many of you in Florence on 23 October for our programme covering topics of extraordinary relevance. I look forward to meeting all of you in Bologna.

On behalf of the Board,

Luca Francetti
SIIdP Chairman

Pre-congress Course

TREATING INFRA-OSSEOUS DEFECTS

Bologna, Thursday, 4 March 2010

Dear Friends,

It is with great enthusiasm that I would like to announce the Pre-congress Course that will be held on Thursday, 4 March, and which will be presented by four Active Members with incredible knowledge and lengthy clinical experience: Drs Roberto Rotundo, Gianfranco Carnevale, Carlo Tinti and Giulio Rasperini. How many times, when re-evaluating patients after causal therapy and observing the presence of deep residual pockets have we asked ourselves: so, now what should I do? Should I continue to remove the roots using a blind technique or perform surgery? And, if yes, what type of surgery should I perform? And how should I do it? The speakers will provide clear answers to these questions and they will do so using clinical images and videos with illustrated step-by-step procedures. Our objective, at the end of the Course, is for each participant to possess the knowledge necessary to arrive at the correct diagnosis and to provide the most appropriate therapeutic treatment to resolve the specific clinical situation. Therefore, the session

will not be a “competition” to affirm the supremacy of one method over another, but rather it will compare various experiences that should then converge during the roundtable to form a sort of “clinical recommendation” on treating periodontal pockets and infra-osseous defects. For these purposes, I will ask the speakers specific questions and they will give precise answers. Indications, limits, ease of execution and the stability of the results over time should clearly emerge from the debate in which you will of course be encouraged to participate. So, I expect to see many of you at this session, which will be stimulating and extremely useful from a clinical and practical point of view.

Alberto Fonzar
SIdP Chairman-Elect

SIdP PROJECT

“SMILE WITH A NEW LIFESTYLE”

With its latest informational project, the **Periomedicine Project** (2008-2009), the SIdP spread its message that there is a close correlation between periodontitis and some very widespread systemic diseases, such as cardiovascular diseases and diabetes. These studies hypothesized that periodontitis can have direct systemic effects due to the spread of pathogenic bacteria via the bloodstream, or indirect effects via the role played by systemic inflammation. It is important to highlight that both periodontitis and its correlated systemic diseases are pathologies in which the aetiopathogenesis is multifactorial, with numerous risk factors related to **lifestyle** (for example, poor oral hygiene, smoking, poor diet and a sedentary lifestyle), or related to genetics (in terms of greater susceptibility to contracting or developing a disease). Another important consideration is that, in Italy, periodontitis currently affects more than 8 million people, cardiocirculatory diseases affect approximately 3,500,000 people, and more than 2,600,000 people have diabetes. Furthermore, it is estimated that at least 10 million Italians have metabolic diseases. Based on these considerations, and in following the tradition of large informational projects (**Diagnosis, Implants, Therapy, Video Education and Periomedicine**), the SIdP has organised a new scientific communication project for 2010-2011 called, **“Smile with a new lifestyle” – The relationship between lifestyle factors and chronic inflammatory diseases: the correlations between periodontitis and systemic diseases**. The objective of this Project is to inform and make aware the public, through oral healthcare providers (dentists and hygienists), on the **influence that lifestyle may have on systemic inflammation, and by stressing out the concept about the preciousness of health, that needs to be maintained by adopting healthy lifestyle habits**. But, why use dentists and dental hygienists? **For at least two important reasons:**

- 1** – First of all, dental patients are used to receiving prevention messages from dentists and dental hygienists, who have the advantage to see periodically a significant numbers of people of all age-gruop (it may be worth to remember that in Italy, approximately 40% of the population goes to the dentist at least once a year).
- 2** – Second of all, transmitting these messages via the dental team means not only to reach individual patients, but rather the entire family nucleus, that may be the ideal environment to introduce concepts related to a healthy lifestyle. If we consider oral hygiene as a starting point to reach an overall health, the ability of dentists and their teams to provide patients with messages on the effect of plaque control, of a correct diet and about the damage caused by smoking in respect to oral pathologies, there will certainly be a positive effect on the systematic prevention of diseases with a very high prevalence, such as cardiocirculatory diseases, metabolic diseases, diabetes, chronic obstructive pulmonary disease and more serious pathologies, even if less prevalentable, such as neoplasms.

From an operative standpoint, the communication of the Project calls for

- Repeated contact with a selective list of operators (46,000 Dentists, 3,000 Dental Hygienists) through a direct mail and e-mail campaign.
- Creating a Web site dedicated to lifestyle.
- Approximately 50 meetings held at the majority of the Provincial offices of the Board of Surgeons and Dentists, in close cooperation with the Commission of the Board of Dentist (CAO). These meetings, spread across Italy, will be held between April 2010 and October 2011. The format is a 4-hour course with a final roundtable moderated by the Regional Manager and some Messenger Members selected from SIdP members. On these occasions, all participants will receive educational materials, appropriately prepared by

the Project Committee, along with a questionnaire for continuing medical education (ECM) credit.

•Introducing the project to the dental community during meetings of the main Scientific Societies , through a brief communication during congresses and an insert in conference materials providing information about the Project.

- Starting a press office dedicated to the Project.
- Publishing articles announcing the Project in various specialised columns in the general press.
- Publishing scientific articles and press releases in specialist journals in the dentistry field..
- Links on the Web sites of Scientific Societies involved in the Project.

The Chairman, Prof. Luca Francetti, who created and promoted the project with the SIdP Board, would like to thank the members of the Project Committee for their invaluable collaboration: Dr Pierpaolo Cortellini (coordinator), Prof. Antonio Carrassi, Prof. Massimo Pagani, Prof. Maurizio Tonetti, Prof. Paolo Veronesi, as well as the members of the Institutional Relationship Committee: Dr Giovanni Gagliardi, Prof. Giovan Paolo Pini Prato and Prof. Roberto Weinstein. A warm thanks to Prof. Daniela Lucini and the Active Members, Dr Francesco Cairo, Dr Mauro Farneti, Dr Nicola Marco Sforza and Dr. Roberto Rotundo, who contributed to creating the clinical recommendations proposed by the Society.

Finally, I would like to thank Curaden Healthcare, a major sponsor of the Project and Dental Trey, our Society's long-time sponsor who, with their work and financial support have concretely supported SIdP in this new "adventure".